

# Woodcote Consulting Ltd.

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## Curriculum Vitae: Dr Alison Jane Longwill Summary

Dr Alison Longwill is a Chartered Clinical Psychologist of 29 years standing, with strong academic credentials and substantial experience in a range of clinical, management and consultancy roles.

Dr Longwill has had an active psycho-legal practice for 13 years providing in-depth psychological and neuropsychological assessments in support of a wide range of criminal, civil and family proceedings. She has substantial courtroom experience including experience as a single joint expert.

## Academic Qualifications and Professional Affiliations

|  |                                 |                   |
|--|---------------------------------|-------------------|
| B.Sc. (Hons) 2i Psychology   | Birmingham University           | 1977              |
| MSc (Q) Clinical Psychology  | Birmingham University           | 1979              |
| Ph.D. in Clinical Psychology   | Birmingham University           | 1986              |
| Master's in Business Administration (MBA)                                  | Aston University                | 1991              |
| Diploma in Clinical Neuropsychology  | Institute of Psychiatry, London | 1998              |
| Cardiff University Law School/Bond Solon (CUBS) Expert Witness Certificate | Cardiff University              | March 2008        |
| Chartered Member - Division of Clinical Psychology                         | British Psychological Society   | 1979 <sup>1</sup> |

**Note 1** Chartered status was only introduced in 1989 Dr Longwill has been a professional member of the BPS since 1979

## Psycho-Legal Practice

Dr Longwill has had an active Psycho-Legal practice since 1996. Providing psychological and neuropsychological assessments in relation to a range of matters in the civil, family and criminal courts and currently deals with approximately fifty instructions per year alongside her consultancy and direct clinical commitments of these approximately 37% relate to the assessment of adults in child care proceedings, 32% to criminal matters, 12% to personal injury and 19% to other matters (employment, mental capacity, risk assessments, needs assessments, etc.)

Dr Longwill is able to provide an expert assessment of adults and young adults (approx 16+). Assessments are based on a review of relevant documentation (depositions, clinical records, and previous assessments) an in-depth interview

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and a range of proven psychometric test selected to probe issues of interest. The face-to-face element of an assessment typically takes 4 – 6 hours and may require the subject to complete various psychometric instruments (questionnaires) prior to interview.

Dr Longwill has experience in the following areas:

- Psychometric assessment of mental health, personality and psychological function
- Assessment of mental capacity
- Assessment of intellectual function and neuropsychological assessments
- Assessment of effort and suggestibility
- Assessment of parents/carers in child custody matters
- Offender management and risk assessment (including violence and sexual offending)
- Physical and sexual abuse
- Post-traumatic stress disorder
- Personality disorder
- Personal injury
- Alcohol, drug and substance misuse (including dual diagnoses of substance abuse with mental health problems)
- Suicide and serious self-harm

Whilst Dr Longwill works with clients who have had no previous significant history of psychological difficulties, she has special skills in relation to those with complex mental health problems and/or personality disorders including those with a history of serious offending behaviour.

Dr Longwill is trained and has acted as a single joint expert and has significant courtroom experience.

## **Employment History**

### **Current**

#### **Woodcote Consulting Ltd**

**1996 to Present**

Dr Longwill Founded Woodcote Consulting Ltd as specialist health and social care consultancy.

Woodcote Consulting has substantial experience and excellent networks enabling it to address the complex issues that organisations working in health and social sectors often face.

Customers include central and local government, NHS organisations, independent and voluntary sector, and commercial enterprises. Particular areas of expertise include:

- Psycholegal and forensic assessments

- Psychological and Neuropsychological assessment and treatment
- Healthcare strategy
- Health informatics
- Training and conference services (1200 people trained in 2007-8 in West Midlands, Calderdale and London re: Mental Capacity Act (2005))
- Mental health and social care
- Race and gender equality
- Drug and substance misuse including dual diagnoses.

Currently Programme Lead (part-time) for CSIP West Midlands for Personality Disorder and former lead for Gender and Women's Mental Health (2002 to 2008). Programme Lead for Health and Social Care in Criminal Justice Programme (West Midlands from 2004 to 2006)

**HMP Prison Hewell**

**1996 to Present**

Visiting Consultant Clinical Psychologist with a focus on prisoners with severe and complex mental health problems, linked to Medium Secure Forensic Service provided by Birmingham and Solihull Mental Health NHS Foundation Trust.

**HMP Long Lartin**

**2006 to Present**

Visiting Consultant Clinical Psychologist dealing with prisoners with severe mental health problems and providing expert supervision of prison healthcare staff.

**Birmingham University**

**1998 to Present**

Honorary Senior Lecturer in Forensic Psychology. Duties include supervision of Forensic Psychology students and teaching.

**Previous Employment**

**Director of Operations Northern Birmingham Mental Health Trust - Oct. 1994 to April 1996**

Executive Director with substantial operational and strategic planning responsibilities managing a budget of £23 million and over 900 staff.

### **Service Director (Community) South Birmingham Health Authority - Oct. 1991 to Sep. 1994**

Responsible for operational management of community psychiatric nursing service and 7 local mental health centres, 2 day hospitals and a community drugs team (approximately 160 staff). Maintained a sessional direct clinical caseload.

### **Consultant Clinical Psychologist South Birmingham HA - Oct. 1984 to Sept 1994**

Head of Adult Mental Health Psychology Service and line manager to 9 Psychologists and supporting administrative staff. Undertook a wide role in the management of the Mental Health Service taking a lead role in a number of projects as well as maintaining a substantial clinical caseload.

Honorary tutor for the Birmingham University M.Sc. course in Clinical Psychology and Secretary of Regional Course Training Committee.

### **Senior Clinical Psychologist North Warwickshire HA - Oct. 1981 - Sept. 1984**

Provided service in learning difficulties (residential sector), community mental health services. Developed new psychology service for elderly people in inpatient, day and community settings.

### **Basic Grade Clinical Psychologist West Birmingham HA - Oct. 1979 - Sept. 1981**

Clinical work in adult mental health. Taught Behaviour Modification Course and extra-mural class in Abnormal Psychology at Birmingham University.

## **Publications and Reports**

Longwill, A. Diabetes and compliance (Abstract). Bull. Brit. Psychol. Soc. 1981, 34, 201.

Longwill, A. A behavioural approach to treatment compliance in diabetes (Abstract). Conference proceedings. World Congress on Behavior Therapy Jerusalem, Israel, July 13-17, 1980.

Longwill, A. Psychosocial predictors of control and treatment adherence in diabetes (Abstract). Bull. Brit. Psychol. Soc., 1985, 38, 70.

Longwill, A. A sense of wider horizons. IHSM Network Newsletter October 1995 (Re-printed in next Health Advisory Service Annual Report).

Longwill, A. Quality of Life and User Satisfaction across a range of adult service users Birmingham Social Services April 2001

Longwill, A. Young Peoples Drugs Needs Analysis, Walsall HA, July 2001

Longwill, A. Dual Diagnosis: Needs Analysis and Option Appraisal for service development Wolverhampton Drug Action Team, July 2002.

Longwill, A. Health and Social Care Baseline Needs Analysis Wolverhampton New Deal for Communities, July 2002.

Longwill, A. Business Plan and Project Submission for New Deal for Communities funding for North Walsall Addiction Support Service Walsall HA, June 2002.

Longwill, A. Social reintegration needs of ex-problematic substance misusers in Worcestershire, March 2003.

Longwill, A. Young People's Substance Misuse Needs Analysis, Sandwell Drug Action Team March 2003.

Longwill, A. linking to and leading a new system of care for people with acquired brain injury 2004.

Outline proposal for service development. South Staffordshire Healthcare NHS Trust, May 2003.

Longwill, A. Close supervision centre scoping study commissioned by Forensic Mental Health Directorate. Birmingham and Solihull Mental Health NHS Trust July 2004.

Longwill, A. Women and mental health research: Methodological Issues and Recent Progress pp 113-144. In Sallah. D. & Clark, M. (Eds.) Research and Development in Mental Health. London: Elsevier, Churchill Livingstone, 2005.

Longwill, A. Shropshire & Telford & Wrekin Psychological Therapies Workforce Planning Project Final Report September 2006

Longwill, A. Young People's Health and Social Care Transitions within the Criminal Justice System CSIP West Midlands. June 2007.

Longwill, A. Final Report: Birmingham and Solihull Mental Health NHS Trust Personality Disorder Service Development of routine outcome evaluation measures January 2008.

Longwill, A. Business Case: Improving Access to Cognitive Behavioural Therapy Services (CBT) in Primary Care in Walsall. April 2008

Longwill, A. (In preparation). Needs Analysis: Mentally Disordered Offenders and Substance Misuse for Lambeth PCT 2009.

## **Personal Details**

Date of Birth: 1<sup>st</sup> May 1955. Married with 2 adult children